



# Packing List for Plane Trips

## PLANE-SPECIFIC

- Headphones
- Book
- < 3 oz. bottles of liquids, all placed in a quart-sized bag
- Snacks
- EMPTY water bottle
- Smaller bag(s) to take on the plane, large suitcase to check in.
- Neck pillow
- Gum (so your ears don't pop)
- Compression stockings (if needed)
- Masks

## CLOTHING

- \_\_ days of clothes (day 1 will be worn for traveling)
- Shoes, socks, flip flops(?)
- Pajamas
- Undergarments

## TOILETRIES

- The basics: deodorant, toothbrush/paste, face wash, body wash, shampoo/conditioner (< 3 oz. containers in a quart-sized bag)
- Contacts/glasses/sunglasses
- Makeup, hair dryer, brush/comb
- Razor/shaving cream (< 3 oz. container in a quart-sized bag)
- Feminine products

## ELECTRONICS

- Phone/phone charger
- Camera/charger/Memory card/tripod

## IMPORTANT

- Vaccination card
- Medicine
- Photo ID/\$\$\$